

Foundation for People-centric Health Systems

## Internship at Foundation for People-Centric Health Systems



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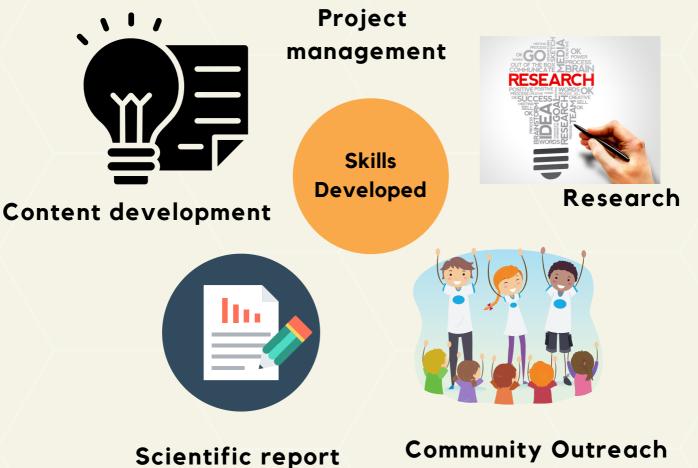
Foundation for People-centric Health Systems



Opportunity to learn the core of public health research, school health, maternal & child health and environmental health

activities





writing



Foundation for People-centric Health Systems

#### LEARN

**PLAN** 

#### **IMPLEMENT**



#### COMMUNITY OUTREACH ACTIVITIES



**Shyam Mohan** 1st year, MPH Student Indian Institute of Public Health-Delhi

**Internship duration:** 19th Feb 2022- 23rd July 2022

"My internship experience at Foundation for People-Centric Health Systems has been an extremely rewarding experience. Through writing reports, designing social media posts, content writing, outreach activities and various other activities I have had a better and deeper insights into what public health is all about. Working at FPHS has helped me gain a better understanding of what the public health field consists of which was originally unclear to me since this career field is so broad. I am truly grateful to the team at FPHS for supporting me through the course of this internship and helping me grow better as a public health professional".



**Esha Basak** 1st year, MPH Student Indian Institute of Public Health-Delhi

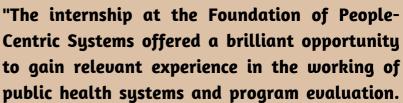
**Internship duration:** 1st April 2022- 23rd July 2022

"My experience as a public health intern at the Foundation of People-Centric Systems has been the most rewarding and motivational experience I have had as a student of public health. With such empathetic, patient and supportive mentors, this experience has helped me achieve experience in various public health initiatives. The highlight of my time at FPHS was organising a blood donation camp. I earned hands-on experience in conducting community outreach activities which is one of the important tenets of public health. I am glad to have worked with the FPHS team in making the event successful"



Nitakshi Sohal 2nd year, MPH Student ICRI, Sushant University

**Internship duration:** 1st April 2022- 23rd July 2022



I learned about professionalism and the functioning of a non-profit organization. I also developed networking and strong interpersonal communication skills, a patient, positive, and considerate attitude towards teamwork. I have grown both personally and professionally and explored new areas of creative thinking, problem solving, resilience, and selfmanagement".



"My primary objective was to gain insight into the functioning of health systems in India- how organizations at the ground level can influence policy-making decisions in healthcare. I wanted to acquire experience in report/proposal writing, public health research, program management, and community outreach activities. The internship has helped me to understand my strengths and weakness and to work diligently toward my goals".

**Dr. Reetika Shrivastav** 2nd year, MPH Student ICRI, Sushant University

Internship duration: 1st April 2022- 23rd July 2022



"The core thematic areas of FPHS are similar to my interest areas and I always wished to intern in a new, establishing organization so as to gain an insight into the basics and fundamentals of public health. The internship at Foundation for People-centric Health Sustem offered an aain excellent opportunitu to relevant experience in the working of public health systems and program evaluation. ".

**Dr. Simran Arora** 1st year, MPH Student Amity University, Noida

**Internship duration:** 21st June 2022- 29th July 2022



**Balaji Susindran** 2nd year, MPH Student JIPMER, Puducherry

Internship duration: 1st July 2022- 30th September 2022

"My internship with the Foundation for People-Centric Health Systems was a great learning experience. I got involved in Content creation, technical writing, social media engagement, and planning of outreach activity have helped me to improve my public health skills. During the internship, I got to enhance my management skills and also learned different aspects of technical writing. I got the opportunity to explore the planning and execution of a community outreach program. This internship has given me a steep learning curve".



"The internship at Foundation of People-Centric Systems offered an excellent opportunity to gain relevant experience in the working of public health systems and program evaluation. opportunity The internship had with Foundation for People-centric Health Systems chance for learnina areat and was a professional development. I consider myself privileged to be a part of the organization. I am also grateful for having a chance to meet so many wonderful people and professionals who led me through this internship period".

#### **Dr. Shivangi Agarwal** 1st year, MPH Student Prasanna School Of Public Health, Karnataka

**Internship duration:** 1st April 2022- 30th June 2022



**Liz Maria Kuriakose** 2nd year, MPH Student Jawaharlal University, Delhi

Internship duration: 21st March 2022-30th June 2022 "My internship with the FPHS has been an enriching learning and professional experience. It was exciting to explore new areas of public health in depth and connect with the social sciences. Guided by friendly and excellent mentors, I was given the flexibility to choose the area of health education and communication to research upon, hone my technical skills, and contribute to the organization to the best of my abilities on a remote basis."





# Never a dull moment at FPHS











